

What is claimed is:

1. A golf grip alignment apparatus comprising:
 - a first portion;
 - a second portion having a recessed seat;
 - a hinge connecting said first portion to said second portion; and
 - a tab extending from at least one of said first portion and said second portion.
2. The golf grip alignment device of claim 1, wherein said second portion defines an opening.
3. The golf grip alignment device of claim 2, wherein the opening is substantially elliptical.
4. The golf grip alignment device of claim 1, wherein said tab includes a surface adapted to receive a thumb.
5. The golf grip alignment device of claim 4, wherein the surface adapted to receive a thumb is disposed about 180 degrees from the recessed seat.
6. The golf grip alignment device of claim 1, wherein said tab includes a concave surface.
7. The golf grip alignment device of claim 1, further comprising an attachment mechanism to selectively attach said first portion to said second portion.
8. The golf grip alignment device of claim 7, wherein said attachment mechanism includes components attached to said tab.

9. The golf grip alignment device of claim 1, further comprising an indicator disposed on at least one of said first and said second portion.

10. The golf grip alignment device of claim 9, wherein said indicator comprises an arrow.

11. The golf grip alignment device of claim 1, further comprising a protuberance disposed adjacent the opening.

12. The golf grip alignment device of claim 11, wherein said protuberance transitions into said tab.

13. The golf grip alignment device of claim 1, further comprising slip resisting members extending from an inner surface of said first portion.

14. A golf grip alignment device comprising a body adapted to fit onto a golf club wherein the body includes a tab extending from the body and a recessed seat, wherein the tab includes a surface adapted to receive a golfer's thumb and the seat is adapted to receive at least one of the golfer's fingers.

15. The golf grip alignment device of claim 14, further comprising a protuberance extending from said body, wherein said protuberance is disposed adjacent the seat of said body.

16. The golf grip alignment device of claim 14, wherein the seat defines an opening in said body.

17. The golf grip alignment device of claim 14, further comprising an indicator disposed adjacent the tab.

18. The golf grip alignment device of claim 16, wherein said body has a substantially cylindrical configuration.

19. The golf grip alignment device of claim 16, further comprising an attachment mechanism that selectively attaches a first portion of said body to a second portion of said body.

20. The golf grip alignment device of claim 16, further comprising a hinge that attaches a first portion of said body to a second portion of said body.